


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:00 🦋 Coffee Chats 11:00 ★ Art pages 1:30 🚩 Rummicube 3:00 ★ Church Service 4:30 🍷 Walking Club</p> <p>1</p>	<p>10:30 🍷 Chair Exercises 11:00 🚩 Famous Faces Bingo! 1:30 🚩 Finishing Lines 2:30 🦋 Rhythm Band /Rise 3:30 🚩 Chicken Foot Dominoes</p> <p>2</p>	<p>10:30 🍷 Sit-n-Stretch 11:00 🦋 Card Player Bingo! 1:30 🗣️ Resident Council Meeting 2:30 🗣️ Bingo! 4:30 ★ Painting</p> <p>3</p>	<p>10:30 📷 Shopping at Walmart 2:30 🦋 Music for Seniors Concert/1st floor 3:30 🦋 Wine Wednesday 4:30 ★ Sing-a-long</p> <p>4</p>	<p>10:15 🍷 Sit-n-stretch 11:00 ★ Aroma Therapy/Meditation 2:30 🚩 Bingo! 3:30 🦋 Tea time social 6:30 🍷 Walking Club</p> <p>5</p>	<p>10:30 🍷 Sit-n-Stretch 11:00 🚩 Card Player Bingo! 2:00 🗣️ Movie Matinee 2:30 📷 Girl Scout Museum visit 6:30 ★ Art pages</p> <p>6</p>	<p>9:30 🦋 Coffee Chat 11:00 🗣️ Find the Words Game 2:30 🚩 Bingo! 3:30 📷 "Pizza" toss</p> <p>7</p>	
<p>Daylight Saving Time Begins</p> <p>9:00 🦋 Coffee Chats 1:30 🚩 Bunco 3:00 ★ Church Service 6:30 🍷 Walking Club</p> <p>8</p>	<p>10:00 🍷 Chair Exercises 10:30 ★ Uplifting Reading w/ Kay 1:30 🍷 Move to Music 3:00 ★ Water Color Painting 6:00 🍷 Walking Club</p> <p>9</p>	<p>10:30 🍷 Sit-n-Stretch 11:00 ★ Jewelry Making 2:30 🗣️ Bingo! 3:30 🚩 Finishing Lines</p> <p>10</p>	<p>10:30 📷 Bowling at Family Bowl 2:30 🦋 Music for Seniors Concert/ 3rd floor 3:30 🦋 Wine Wednesday 4:30 ★ Sing-a-long</p> <p>11</p>	<p>10:15 🍷 Sit-n-stretch 11:00 ★ Aroma Therapy/Meditation 2:30 🚩 Bingo! 3:30 🗣️ Communion w/Liz & Melodie 6:30 🍷 Walking Club</p> <p>12</p>	<p>11:00 🚩 Card Player Bingo! 2:00 🗣️ Movie Matinee 2:30 📷 Candoro Arts & Heritage Center visit 6:30 ★ Art pages</p> <p>13</p>	<p>3.14 =Pi Day! 9:30 🦋 Coffee Chat 11:00 📷 Pie Baking 2:30 🚩 Bingo! 3:30 Pie Tasting!</p> <p>14</p>	
<p>9:00 🦋 Coffee Chats 11:00 Water Coloring 1:30 🚩 Chicken Foot Dominoes 3:00 ★ Church Service 4:30 🍷 Walking Club</p> <p>15</p>	<p>10:30 🍷 Chair Exercises 11:00 🚩 Finishing Lines 1:30 🍷 Move to Music 3:00 ★ Show-n-Tell 6:00 🍷 Walking Club</p> <p>16</p>	<p>St. Patrick's Day 10:30 🦋 Red Haired Mary Concert/trip 2:30 🗣️ Bingo! 3:30 🦋 "Wear'n O the Green" Social 6:30 ★ David & Susie service/singing</p> <p>17</p>	<p>10:30 📷 Shopping at Target 2:30 🦋 Music for Seniors Concert/1st floor 3:30 🦋 Wine Wednesday 4:30 ★ Sing-a-long</p> <p>18</p>	<p>Spring Begins! 10:15 🍷 Sit-n-stretch 11:00 ★ Aroma Therapy/Meditation 2:30 🚩 Bingo! 3:30 ★ Spring Fling Walker decorating 6:30 🍷 Walking Club</p> <p>19</p>	<p>10:30 🍷 Sit-n-Stretch 11:00 🚩 Card Player Bingo! 2:00 ★ Dogwood Trail drive 6:30 ★ Art pages</p> <p>20</p>	<p>3.21 World Down Syndrome Day-"Rock your Socks" 11:00 🗣️ Find the Words Game 1:30 🦋 "Rock your Socks" social 2:30 🚩 Bingo! 3:30 📷 "Pizza" toss</p> <p>21</p>	
<p>9:00 🦋 Coffee Chats 1:30 🚩 Rummicube 3:00 ★ Church Service 4:30 🍷 Walking Club</p> <p>22</p>	<p>10:00 🍷 Chair Exercises 10:30 ★ Uplifting Reading w/ Kay 1:30 🍷 Move to Music 3:00 ★ Water Color Painting 6:00 🍷 Walking Club</p> <p>23</p>	<p>10:30 🍷 Sit-n-Stretch 11:00 📷 Sing-a-long 2:30 🗣️ Bingo w/ Holly! 3:30 🍷 Pizza toss</p> <p>24</p>	<p>10:30 📷 Shopping at Dollar Tree 2:30 🦋 Music for Seniors Concert/3rd floor 3:30 🦋 Wine Wednesday 4:30 ★ Sing-a-long</p> <p>25</p>	<p>Happy Birthday Ruth! 10:15 🍷 Sit-n-stretch 11:00 ★ Aroma Therapy/Meditation 2:00 🚩 Bingo! 3:00 📷 March Birthday Party! w/Lauren of Encompas</p> <p>26</p>	<p>11:00 🚩 Card Player Bingo! 2:00 🗣️ Movie Matinee 4:00 📷 Pizza toss 6:30 ★ Art pages</p> <p>27</p>	<p>9:30 🦋 Coffee Chat 11:00 🚩 Chicken Foot Dominoes 2:30 🚩 Bingo! 3:30 📷 "Pizza" toss</p> <p>28</p>	
<p>9:00 🦋 Coffee Chats 1:30 🚩 Rummicube 3:00 ★ Church Service 4:30 🍷 Walking Club</p> <p>29</p>	<p>10:30 🍷 Chair Exercises 11:00 🚩 Finishing Lines 1:30 🍷 Move to Music 3:00 ★ Water Color Painting 6:00 🍷 Walking Club</p> <p>30</p>	<p>10:30 🍷 Sit-n-Stretch 11:00 🦋 Sing-a-long 2:30 🗣️ Bingo! 3:30 🍷 Smoothie making social</p> <p>31</p>	<p> RAINTREE TERRACE SENIOR LIVING</p> <p>555 Rain Forest Road Knoxville, TN 37923 (865) 200-8238</p>				<p>📷 Be Adventurous 🚩 Be Challenged 🗣️ Be Connected 📷 Be Family ★ Be Inspired 🦋 Be Social 🍷 Be Well</p>